

# Touch 靈氣

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Universal Life Energy



# The 2022 dream

By Jojan Jonker



Left: Jojan Jonker

In 2012, a group of 22 Dutch and Belgian Reiki masters and spouses travelled to Japan. The highlight of our journey was a visit to Mount Kurama; we entered the sacred space where the air is filled with Reiki energy and we could just breathe it in and out. We understood how Usui 'discovered' Reiki there. Something resonated inside several of us, whispering that we would visit this place again. In the following years, it became clear to me that we would create a circle of oneness, including and embracing practitioners of all Reiki styles and all levels of training, transcending all differences and opinions. In 2022 Reiki practice reaches a milestone - 100 years since Usui brought Reiki down the mountain - and I feel that this should be the moment for the envisioned circle of oneness. It is my aim and intention to create a Celebration Congress on Mount Kurama.

Over the last 100 years, coterie have changed the Reiki landscape significantly; it has evolved from one system practised by Usui into several hundred Reiki styles. I began to wonder: why did the initial oneness develop into many-ness? And are there still traces of oneness recognisable in all these different Reiki styles? In recent years, several scholarly studies\* have suggested there is.

Results indicate that one of the main reasons for divergence has to do with interpretation of elements of the system: which hand positions are the best; how an initiation should be performed; how the precepts should be interpreted; what should be charged for a Reiki class and treatment; which symbols should be used. All these elements offer room for interpretation, which has led to divergence. However, recent research\* on interpretation also points to signs of a shared oneness. Practising any of these studied styles of Reiki cultivates love and compassion, two very important virtues for a better world. All styles hold the (often hidden) variable that a certain surrender to Reiki energy takes place so that the energy can stimulate healing. All styles studied use at least three Reiki symbols. All styles practise a master-student lineage back to Usui, and have common patterns in the initiation process that can be traced to esoteric Buddhism in Japan during Usui's time.

Stepping into an envisioned circle of oneness at the Celebration Congress will necessitate that we honour and respect all the individual paths of Reiki practitioners. It is the plethora of styles that has made it possible for millions of people to access Reiki, to practise it and find healing, in a form that suits them best. If we can accept this, respect and show gratitude to the versatility and flexibility of Reiki, then the emergence of this circle of oneness will be guaranteed. Several people have already stepped forward to help make this dream for 2022 a reality. Will you join us? □

**For further developments on the Celebration Congress, follow <http://www.jojan.nl/japan2022.html>**

\* D.M Beeler 2015, J.L Jonker 2016, R.N Fueston 2016, J. Stein (pending), L. Horowitz (pending)